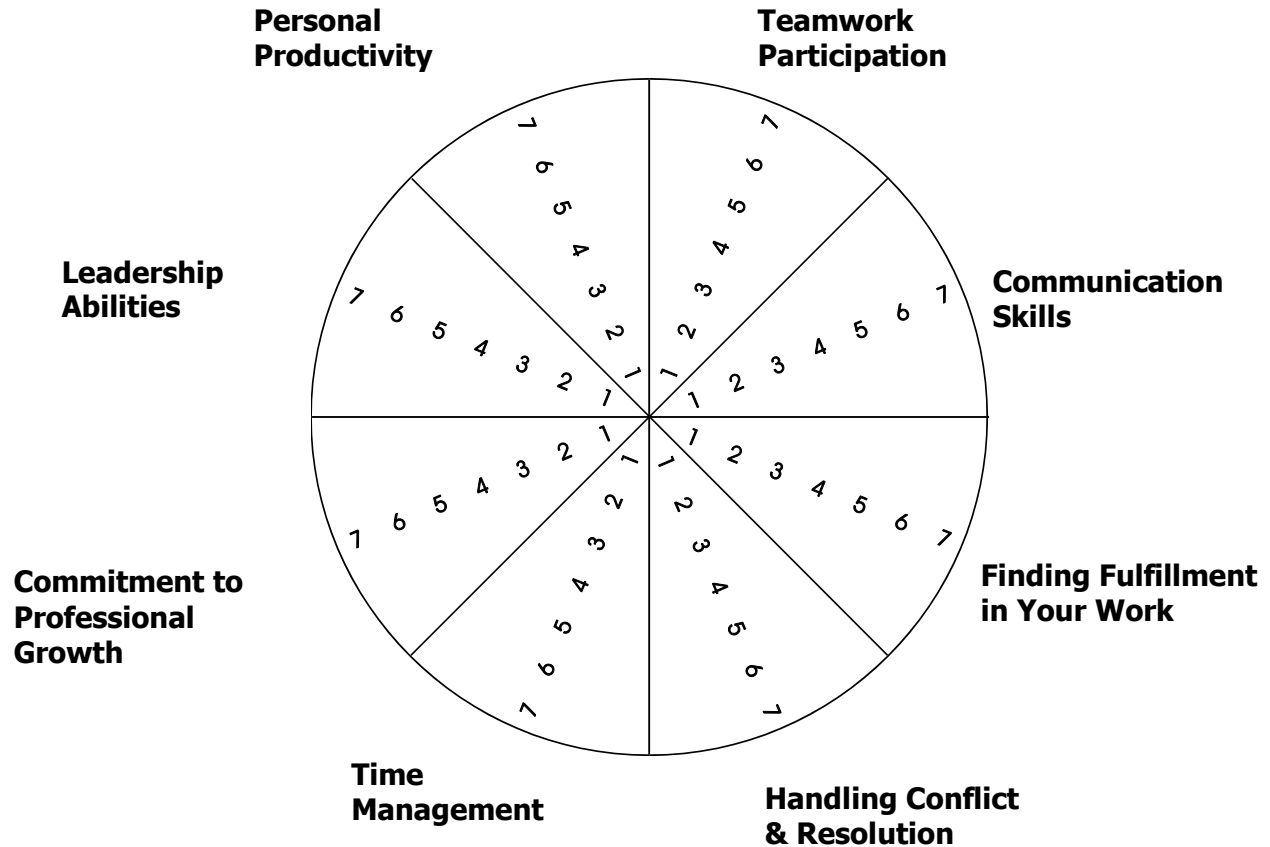




## Professional Balance Wheel

Within each of the following eight sectors; Circle the number that best represents your satisfaction level for that area of your life:

7 equates to - Completely Satisfied, 1 equates to - Completely Dissatisfied



Next, using a straight edge, connect the dots.

The rounder the wheel, the more balanced is your professional life.

Imagine how well your car would operate if the wheels were shaped like this!

Connect with Michael Whatmore: [jmw@MichaelWhatmore.com](mailto:jmw@MichaelWhatmore.com) or call: 650 444 5881 for a free conversation on Executive Coaching and how it can help you bring balance into your life.